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Dairy Tales

Littleton NH Farmer's Market and 4-H Foodie Fun!

Farmer's Markets are increasingly popular, featuring locally produced goods in a fun and casual environment! Our favorite "haunt" on week-ends is the Farmer's Market in Littleton, New Hampshire. It is located by a river, down the stairs from the covered bridge from downtown. Held outdoors on a grassy knoll, it features a wide variety of awesome offerings including seasonal fruits, berries and vegetables, cheeses and spreads, breads and baked goods, jams/jellies/honey, and assorted crafts (jewelry, wood working, etc.)

Strolling along the lawns, you see families with small kids, older folks with their dogs, lots of smiles and happy people finding 'treasures'. (There is also live music, which makes things quite festive!)

One week-end we ran into Heidi Barker of the University of New Hampshire Cooperative Extension Program. We got to swapping stories about dairying and dairy products in the Granite State. She invited us to co-sponsor the annual Healthy Living Grilled Cheese Challenge. See the link:

<https://extension.unh.edu/events/4-h-grilled-cheese-challenge-0>

An annual event, organized by the 4-H, encourages kids to participate more in healthy approaches to eating (including getting them actively involved in the kitchen :-). This year's 'special' challenge is to include a fruit or vegetable in their specially formulated grilled cheese entry (prepared on site!)

Page & Pedersen regularly contributes to educational endeavors involving getting the community introduced and involved in dairying endeavors along a broad range of approaches. Contact us about farm tours or milk plant tours you are organizing! Let us know if you need some help getting an analytical tool for a study involving dairy animals or products.

If you have a story you would like to share, please contact us! To see products that could help improve your dairy click below!

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